



## The Heartbeat Drum

### Visiting the Children's Museum

#### ***Before Your Visit:***

The teacher may discuss with her students how to keep their heart healthy, through exercise, eating well and living tobacco free. See Heartbeat Drum: Heart Health Color Sheet.

#### ***During Your Visit:***

The student may visit our Heartbeat Drum exhibit in the second floor and hear their own heartbeat compared to a classmate on the other side.

#### ***Post Museum Activity:***

The teacher may discuss with her students the importance and function of the heart.

#### ***Activity Sheets:***

Heartbeat Drum: Heart Health Color Sheet